



2018-2019 Annual General Meeting and Volunteer Recognition Day

The University of Toronto Senior Alumni Association held its AGM and Volunteer Recognition Day and Reception on Monday, May 6th at the William Waters Lounge in the Woodsworth College student residence. The turnout of our membership was excellent—a full house!

During a brief business meeting, the 2018 AGM minutes were presented and approved. A report of SAA activities over the previous year was given by the president, Ihor Prociuk, and the treasurer's reports were presented by assistant treasurer Ruth Cameron. Gloria Buckley, chair, planning committee and Maureen Somerville, co-chair of the Canadian Perspectives committee presented their respective reports. Members then endorsed and approved the executive slate for the 2019-2020 year (see below). The new president, Maureen Somerville, thanked Ihor Prociuk for his many contributions as SAA president for the past three years. Anne Cobban, Director, Alumni Engagement Metrics and Recognition, Alumni Relations came forward to say a few words of thanks to Ihor.

After the close of the business meeting, Maureen introduced the keynote speaker, Dr. David Evans. More on his presentation can be found on the right.

Following the keynote speaker, several SAA volunteers were presented the service pins and awards:

- First-year volunteer: Vida Ghaem-Maghami, Louise Beaulieu-Steiner
- Five-year service pin: Dianna Craig, Carol Dineen
- Ten-year's service award: Ihor Prociuk, Mary Vohryzek

...Two door prizes were drawn for certificates to the fall (2019) and winter (2020) Canadian Perspectives lectures. A reception followed.

2019-2020 SAA Executive

President	Maureen Somerville
Vice President	Wendy Talfourd-Jones
Past President	Ihor Prociuk
Treasurer	Anna Kennedy
Secretary	Danuta Smith
Assistant Secretary	Beverley Coburn
Member-at-Large	Ruth Cameron Irene Devlin Jennifer Grange

Committees of the Executive

Communications Chair and Newsletter Editor	Ihor Prociuk
Assistant Newsletter Editor	Maureen Somerville
Events Chair	Wendy Talfourd-Jones
Planning Chair	Gloria Buckley
SA Volunteers Co-Chairs	Joann Rossitter Beverley Coburn
Historian/Archivist	Wendy Talfourd-Jones

Canadian Perspectives Lecture Series (CPLS)

Co-Chairs	Maureen Somerville Jennifer Grange
Members	Dagmar Falkenberg, Kristine Thompson

"ZUUL"—DESTROYER OF SHINS!



If you were not able to attend the SAA AGM this past May 6th (see story on the left), then you might not know what an *Ankylosaur* is or what a *Crurivastator* species is—unless you have an interest in palaeontology. Those members who were present experienced an exciting and engaging presentation on *Zuul*

Crurivastator by our guest speaker, Dr. David Evans, Associate Professor, Department of Ecology and Evolutionary Biology at U of T, and the Temerty Chair in Vertebrate Palaeontology (Dinosaurs) at the ROM (Royal Ontario Museum). He oversees dinosaur research at the ROM.

In 2014, Dr. Evans and his colleague, Dr. Victoria Arbour, inadvertently discovered *Zuul Crurivastator*, an entirely new species of ankylosaur, buried in the rocks of the Judith River Formation in Dakota, just south of the Alberta border in 2014. This rare discovery was a purely accidental find! Dr. Evan's team was actually digging for a meat-eating tyrannosaur. In 2017, ROM scientists named this new find *Zuul Crurivastator* since the skull is so reminiscent of "Zuul", the fictional monster in the 1984 movie, "Ghostbusters".

According to Dr. Evans, this unique discovery is one of the most complete skeletons of its species ever found in the world. It dates from 76 million years ago in the late Cretaceous Period, and is six metres (20 feet) long and weighs over 2.5 tonnes (about the size of a white rhinoceros). It is unique in its preserved soft tissues, which in itself is very exceptional, providing the extraordinary opportunity for cutting-edge scientific research of the species and the Cretaceous period.

Ankylosaurs featured wide, flat bodies, long tails, walked on four legs and were covered in armour. As a sub-species, *Zuul Crurivastator* is gnarly-faced, horned, armoured, with its most outstanding feature being its sledge hammer-like club tail (which was used to break the shins of its adversaries—thus the name 'breaker of shins'). It was covered in armour from its head to its menacing tail. A vegetarian, *Zuul*'s diet consisted of plants, likely ferns and shrubs. *Zuul* was discovered among many fossilized plants and animals (turtles, crocodiles, plant leaves) which will shed new light on the lush Cretaceous environment 26 million years ago. So far, only the head and tail have been fully extracted from the rock. The rest of *Zuul*—hips, belly and more of its armour—is still encased in a fifteen tonne block of rock, and Dr. Evans says that it will take several years for his team to reveal the full *Zuul*. What a find! And what a marvellous, informative lecture!



Wendy Talfourd-Jones
events chair



Senior Alumni Volunteer Opportunities

One of our objectives is to provide opportunities for senior alumni to serve the University. We hope you will try one of these opportunities.

University Health Network Volunteer Opportunities



UHN Toronto General
Toronto Western
Princess Margaret
Toronto Rehab

COURAGE LIVES HERE

Are you retired and/or looking to get involved in something meaningful? Come and volunteer with us at University Health Network, where you can meet new friends and gain a different experience while making a positive difference in someone's life. We have a lot of opportunities in the areas of patient support, clinic or unit support, waiting room support or administrative support across our hospital sites. The programs we would like to highlight are:

- **Hospital Elder Life Program (HELP)** – Volunteers' involvement allows elderly patients to stay physically and mentally active during their time at the hospital through activities, mobility exercises and communication with the healthcare team. This ensures patients receive the best care possible.
- **Engage Program/Creative Arts Program** – Volunteers engage patients through music, art, or crafts primarily in inpatient units. Typically, we are looking for volunteers who play the guitar, flute, violin, erhu, banjo, bandura, clarinet, keyboards and piano, and volunteers who enjoy drawing and sketching or doing crafts such as origami with patients.
- **Waiting Room Program** – Volunteers liaise between families and friends of patients, and the clinical staff. They provide friendly and compassionate support and general assistance to family and friends of patients in waiting rooms, keep staff informed of any questions or concerns of visitors and assist them administratively.
- **Navigator Program** – In their role as Navigators, volunteers are situated at information desks, at entry points of the hospital or near elevators. From there, they greet, direct and escort patients, families, and visitors to different areas of the hospital; ambulatory clinics, inpatient units, waiting rooms or to administrative areas.
- **Healing Beyond the Body (HBB)** – Volunteers contribute to patient care by offering enhanced emotional support and system guidance at every stage of the cancer journey.
- **Inpatient Visiting Program** – Volunteers provide emotional support to patients and their family members in inpatient units, listening to them, engaging them in conversation, games or other activities, reading to them or providing them with reading material.

Contact Ivetka Vasil, 416-603-5800 ext. 2362

http://www.uhn.ca/corporate/ways-help/Volunteering_UHN



Department of Psychology
UNIVERSITY OF TORONTO

**Are you
55-80?**

The University of Toronto's Psychology Department is looking for volunteers to participate in a variety of aging studies.

To volunteer, you must have at least a grade 11 education and be fluent in English. Participants are paid \$18 per hour.

Contact us for details

Phone: (416) 978-0905 E-mail: adultpool@psych.utoronto.ca
<http://www.psych.utoronto.ca/users/adultpool/>



...Events

U of T's School of Cities partners with Toronto Public Library for lecture series on public space

SAA members may be interested in a series of public sessions presented by the University of Toronto School of Cities in partnership with the Toronto Public Library. Held at various public library locations throughout the city, the lectures bring together faculty from several disciplines along with Toronto city officials and public/private companies to discuss important topics that have significant impact on life—and living—in Toronto.

The sessions are free but space is limited.

Where We Gather: Streets of Toronto

Monday, October 07, 2019 6:30 pm to 8:00 pm

Bloor/Gladstone Public Library

1101 Bloor Street West, Toronto, ON M6H 1M7 / 416 393-7674

Nearly one third of our city land is comprised of public streets. This session examines the many ways our streets can and should be used and what are the opportunities to use streets differently to support public life in the city?

Where We Gather: Public Life vs. Digital Life in Toronto

Tuesday, October 22, 2019 6:30 pm to 8:00 pm

Runnymede Public Library

2178 Bloor Street West, Toronto, ON M6S 1M8 / 416 393-7697

As Toronto's population continues to grow what questions should we be asking to make sure that we get the most out of our public spaces.

Where We Gather: Public vs. Private Space

Wednesday, November 06, 2019 6:30 pm to 8:00 pm

North York Central Library

5120 Yonge St, North York, ON M2N 5N9 / 416 395-5535

This session examines the distinction between public space and private space and the types of activities currently permitted in Toronto's public spaces, as well as future-focused suggestions for change.



UHN Toronto
Rehabilitation
Institute



Participate in a simulated driving experiment aimed at improving road safety!

The goal of this study is to examine whether younger and older drivers differ in terms of their ability to make safe and accurate judgments under more versus less demanding driving conditions.

We are looking for healthy adult volunteers between the ages of 20-35 or 65+ to participate in a research study. You will be asked to complete a driving task in a driving simulator at Toronto Rehab. To learn more or participate, please contact:

Katherine Bak

E-mail: Katherine.Bak@uhn.ca

Phone: (416) 597-3422 x 7803

President's Corner



I'm enjoying the sunshine today as I write this, hoping that we get more of it before the weather cools and the autumn rains begin. I'm looking forward to seeing those of you who attend the Canadian Perspectives Lectures once they begin. Those of us on the Lectures Committee are pleased with the lineup for the fall series and hope you will enjoy them and learn from them. I'm co-chair with Jennifer Grange of the Committee. The management at the Carlton Cinemas have decided that they will no longer have

coffee available for us in the mornings, so we have declined coffee for the afternoons as well. The amount charged for the coffee was becoming expensive, and rather than increasing the lecture fees to cover it, we are keeping the lecture cost at the same level.

We, the SAA Executive, are actively looking for new members to become involved at the Executive and the Lecture Committee level. If you are interested in either level of involvement, please contact us through the office phone (416 978-0544) or email (senior.alumni@utoronto.ca) and we will gladly tell you what the responsibilities are. We are an industrious group. As well as the lectures, there is the volunteer list we maintain for activities connected to the University, and there are events to attend. The Executive meets ten times per school year and the Lecture Committee conducts most of its business by email.

The Senior Alumni Association began 43 years ago when a group wishing to attract retired, older alumni back to the University began offering the lectures. Other activities offered in the past included computer classes, exercise sessions, and we still offer the opportunity to see Stratford plays through Mary Morton Tours. The recognition that alumni of a certain age deserve and need educational stimulation has grown over the years. The SAA is a member of the Third Age Network, a group of over 30 like-minded associations spread over southern Ontario. Several are connected with U of T, many have no institutional connection, but a lively group of volunteers who operate out of a community centre or local library. I've even attended one lecture via the internet, complete with the ability to ask questions in real time. The lecturer was in Scotland!

I'll see you at the lectures!

Maureen Somerville, president, SAA

2019 U of T Alumni Reunion A Huge Success!



SAA executive members at Alumni Reunion (l to r): Ihor Prociuk, Ruth Cameron, Jennifer Grange, Wendy Talfourd-Jones

Story continues on the right...

Seeking Participants for a Research Study on Hand Function after Stroke



The study will involve:

- 2 visits to the Toronto Rehabilitation Institute
- 3 sessions (within 2 weeks) where you record first person video of yourself in your home using your hands in everyday activities (~1.5 hours each session)

The data will be used to develop computer programs to evaluate hand function.

Financial compensation will be provided

Contact 416 597-3422 x6119 / vera.zivanovic@uhn.ca

Principal investigator; Dr. José Zariffa

...continued from the left column

For U of T Alumni Reunion, the SAA had an information table (see photo at left) set up at the south end of the large tent erected on the front campus lawn. This year a record number of alumni registered for Reunion—10,405! The 23 scheduled “Stress-Free Degrees” lectures had 2,267 registrants. The barbeque was immensely popular (and tasty!), and the weather was excellent—not the stifling heat and humidity of last year.

Part of the Reunion included an AGM and a special ceremony honouring U of T alumni who have volunteered with U of T for 50 years. We are very proud of our current president, Maureen Somerville, who received a 50-pin.



(l to r): Meric Gertler, President, U of T; Maureen Somerville, President, SAA; Tye Farrow, President, UTAA; Barbara Dick, AVP, Alumni Relations

Some of her volunteer activities include: Member of the College of Electors representing UTSC (1993-1997); Vice-President University of Toronto Alumni Association, Chair of the College of Electors (1997-2003); Alumni Member of Governing Council, serving on several boards and committees of the Council, including Executive Committee (2004-2013); Present member of the Senior Alumni Association (2000-present). Member of the President's Circle, King's College Heritage Society, and is a sponsor of the Somerville Family Bursary at UTSC. Congratulations Maureen!



Senior Alumni Association Canadian Perspectives Lecture Series

For more than 40 years, the SAA has been offering insightful lectures to alumni and friends of U of T through its Canadian Perspectives Lecture Series. The lectures are open to everyone from new graduates to seniors, and to alumni and non-alumni!

Each series is \$75 or you can attend individual lectures for \$15. Starting this year, we are offering new option: **you can also select a combined total of 7 lectures from both series and pay just \$75.** Join us this fall for one or both of these informative lecture series.

To select lectures and register online using our secure payment system, visit <http://uoft.me/saacp>

If you prefer to register using a paper form, send and email to senior.alumni@utoronto.ca to have one mailed to you.

Fall 2019 Lecture Schedule

Wednesday Series, 10am–12pm

October 16

Refugee crises around the world.

Rana Khan, United Nations Refugee Agency in Toronto, (UNHCR).

October 23

Tales from the Eldercare Casebook: Lessons Learned

Pat Irwin, Founder & President, Elder Care Canada

Pat will describe how to handle typical elder care dilemmas. She will present some challenging scenarios and their effective resolution.

October 30

Canada and the United States: One Continent, Two Different Pharmaceutical Policy Worlds

Joel Lexchin MD, Emergency Department, University Health Network, Toronto

November 6

Stratford and Shaw Festival Season 4 – An Overview

Lynn Slotkin, Theatre Critic & Editor, The Slotkin Letter

Lynn will share her critiques of the Stratford and Shaw 2019 seasons.

November 13

Singing Your Loyalty

John Beckwith, Composer; Writer; Music Educator

Using some recorded examples of well-known songs, John will discuss the emotions raised through spontaneous singing as opposed to rehearsed performances.

November 20

Women Making Bombs in a Secret Facility in Scarborough during WWII

Barbara Dickson, Historian; Author; Speaker

November 27

Back to the Future: The Ontario Municipal Board and Land Use Planning in Ford's Ontario

Ian Flett, Lawyer, Eric K. Gillespie Professional Corporation Barristers & Solicitors

continued in the column on the right...

Monday Series, 1pm–3pm

October 21

Innovation, Entrepreneurship, and Partnership: Building University – Industry Research Linkages

Dr. Derek Newton, Assistant Vice-President, Innovation, Partnerships and Entrepreneurship, University of Toronto

October 28

Role of Indigenous People in the War of 1812

Professor Carl Benn, Chair, Department of History, Ryerson University

November 4

Impact of 2019 Federal Election

Nelson Wiseman, Director, Canadian Studies Program, University of Toronto

Prof. Wiseman will provide his informed insight following the results of the 2019 Federal election and suggest outcomes and challenges for the elected government.

November 11

Operatic Representations of Death and Disease

Linda Hutcheon, Professor Emeritus in the Department of English and the Centre for Comparative Literature, University of Toronto

Michael Hutcheon, Professor of Medicine, University of Toronto
Violetta (Verdi's La Traviata 1853) and Mimi (Puccini's La Bohème 1896) die of tuberculosis. Koch discovered the TB Bacillus in 1882. Did that change the portrayal of the disease?

November 18

What a case of Demonic Possession in seventeenth century Quebec tells us about daily life in early Canada

Dr. Mairi Cowan, Associate Professor

Department of Historical Studies, University of Toronto

November 25

Learn with Laughter

Patricia Hasenclever, Expert, Learn with Laughter

December 2

Solar Sailing

Prof Christopher J. Damaren, Director, Institute for Aerospace Studies, University of Toronto

Humans have long dreamed of going to the stars, but how? What if we could rig a sail using solar or starlight power?

Lecture topics and speakers are subject to change.

Online registrations will be accepted until the event reaches capacity. There are no wait lists for lectures. We are unable to offer refunds on purchased lectures so please be sure to select only the lectures you would like to attend.

“Quotable Quotes”

Stress is like spice — in the right proportion it enhances the flavor of a dish. Too little produces a bland, dull meal; too much may choke you.

Donald Tubesing, pastor, author and speaker

Talk is cheap. Words are plentiful. Deeds are precious.

Ross Perot, business magnate, philanthropist, politician

Hard work is often the easy work you did not do at the proper time.

Bernard Meltzer, radio host and city planner

THE SENIOR ALUMNI ASSOCIATION

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