



LEST WE FORGET

INVICTUS: UNCONQUERED, UNDEFEATED

The definition above of the Latin word truly illustrates the participants in the Invictus Games, held this September in Toronto. It is an international adaptive multi-sport event, created by Prince Harry, first held in London, England in 2014. He was inspired by the Warrior Games already being held in the U.S.A. Participants include wounded, injured and sick armed forces personnel and their associated veterans, who take part in sports including wheelchair basketball, rugby and tennis, sitting volleyball, indoor rowing, golf, paralympic athletics and swimming, cycling and so on. In Toronto, instead of one central venue, the sports were held all over the city, from the Panam Sports Centre in Scarborough to the York Lions Stadium, Fort York, Ryerson's Mattamy Athletic Centre, the Distillery District and High Park.

Prince Henry at the launch of the London games in 2014 said they "would demonstrate the power of sport to inspire recovery, support rehabilitation and demonstrate life beyond disability" and also in the long term to ensure that injured troops are not forgotten. Henry is a veteran of combat in Afghanistan, and understands the need for goals for those who come back broken in body or spirit.

Remembrance Day is for those who did not return as well as those who do, and as we meet at Soldier's Tower or watch the ceremony from Ottawa, we must pay tribute to all who served in the conflicts of the past and present.



I gather that the poem "Invictus" by English poet William Ernest Henley (1849-1903), was the inspiration for the name of the games. Henley was in the hospital being treated for tuberculosis of the bone. His foot had been amputated shortly before he wrote the poem. Henley was then in his mid-twenties. This poem is about courage in the face of death, and holding on to one's own dignity despite the indignities life places before us. The poem

has only four stanzas, but the last has particular meaning:

*Out of the night that covers me,
Black as the pit from pole to pole,
I thank whatever gods may be
For my unconquerable soul.*

*In the fell clutch of circumstance
I have not winced nor cried aloud.
Under the bludgeonings of chance
My head is bloody, but unbowed.*

*Beyond this place of wrath and tears
Looms but the Horror of the shade,
And yet the menace of the years
Finds and shall find me unafraid.*

*It matters not how strait the gate,
How charged with punishments the scroll;
I am the master of my fate,
I am the captain of my soul.*

(Note that "strait" in this sense means narrow)
Thanks for the inspiration, Gloria!

Maureen Somerville, past president, SAA

From the SAA Archives

This year, the U of T Day of Remember will be held on November 10. More details can be found on page 2.

SAA members have attended and participated in many of these ceremonies. Here are a few pictures from our archives.



Mary Carter, Margaret Mills and Helen Rutherford attend the Remembrance Day ceremonies near Soldier's Tower on November 11, 1986



SAA member, Bob Burton (far right), officiates at the U of T Remembrance Day ceremonies on November 11, 1986.

In the above photo, the Memorial Wall has inscribed on it the names of the 1,185 members of the U of T community who gave their lives in the First and Second World Wars.

Wendy Talford-Jones, SAA archivist

Archival Photos

The blogpost website *Toronto Then and Now* has many excellent photos taken on the U of T campus at the time of the First World War, the construction of Soldiers' Tower and many interior pictures. See:

<http://torontothentandnow.blogspot.ca/2010/11/11-remembrance-services-at-soldiers.html>

Ihor Prociuk, editor



Senior Alumni Volunteer Opportunities

One of our objectives is to provide opportunities for senior alumni to serve the University. We hope you will try one of these opportunities.

University Health Network Volunteer Opportunities



UHN

Toronto General
Toronto Western
Princess Margaret
Toronto Rehab

COURAGE LIVES HERE

Are you retired and/or looking to get involved in something meaningful? Come and volunteer with us at University Health Network, where you can meet new friends and gain a different experience while making a positive difference in someone's life. We have a lot of opportunities in the areas of patient support, clinic or unit support, waiting room support or administrative support across our hospital sites. The programs we would like to highlight are:

- **Hospital Elder Life Program (HELP)** – Volunteers' involvement allows elderly patients to stay physically and mentally active during their time at the hospital through activities, mobility exercises and communication with the healthcare team. This ensures patients receive the best care possible.
- **Engage Program/Creative Arts Program** – Volunteers engage patients through music, art, or crafts primarily in inpatient units. Typically, we are looking for volunteers who play the guitar, flute, violin, erhu, banjo, bandura, clarinet, keyboards and piano, and volunteers who enjoy drawing and sketching or doing crafts such as origami with patients.
- **Waiting Room Program** – Volunteers liaise between families and friends of patients, and the clinical staff. They provide friendly and compassionate support and general assistance to family and friends of patients in waiting rooms, keep staff informed of any questions or concerns of visitors and assist them administratively.
- **Navigator Program** – In their role as Navigators, volunteers are situated at information desks, at entry points of the hospital or near elevators. From there, they greet, direct and escort patients, families, and visitors to different areas of the hospital; ambulatory clinics, inpatient units, waiting rooms or to administrative areas.
- **Healing Beyond the Body (HBB)** – Volunteers contribute to patient care by offering enhanced emotional support and system guidance at every stage of the cancer journey.
- **Inpatient Visiting Program** – Volunteers provide emotional support to patients and their family members in inpatient units, listening to them, engaging them in conversation, games or other activities, reading to them or providing them with reading material.

Contact Ivetka Vasil, 416-603-5800 ext. 2362

For more information or visit:

http://www.uhn.ca/corporate/ways-help/Volunteering_UHN



Events



2017 Service of Remembrance

Friday November 10, 2017

10:15-11:00 a.m.

Soldiers' Tower, 7 Hart House Circle

The service includes the recitation of the poem *In Flanders Fields*, written by University College alumnus John McCrae, the singing of traditional hymns, readings, laying of wreaths, The Last Post, The Lament, Reveille, and the royal and national anthems. A reception in the Great Hall of Hart House follows the service, and the Memorial Room museum in Soldiers' Tower is open for visitors.

All are welcome to attend.



... More Volunteer Opportunities

Community Representative on U of T Animal Care Committees

The University of Toronto upholds the highest ethical standards for animal research. All research must undergo rigorous review by animal care committees, which are made up of members of both the University community and the community at large. The University is currently seeking volunteers for the position of community representative on several animal care committees across the three campuses. Interested candidates should have: no current formal affiliation with the University, good communication skills, be comfortable with the use of technology and have access to a computer and internet, compassion for living beings, and a commitment to contribute to the advancement of research at U of T. We encourage interested alumni to consider serving as volunteer community representatives. Meetings occur monthly for 2-3 hours and an additional 5-10 hours a month are required to review and comment on protocols.

For more information, please contact:

Dr. Jennifer Lapierre

Animal Ethics and Compliance Manager

416-946-3608 or jenn.lapierre@utoronto.ca



Participants needed for Real-World Multitasking Challenges Study

Toronto Rehabilitation Institute, University Health Network is looking for **healthy adults (60+ years old)** as well as individuals who feel that their **memory or thinking is becoming worse**, or who have been diagnosed with **mild cognitive impairment or mild dementia**. Participation will involve measures of hearing, vision, balance, and cognition, and the experiment will take place in a state-of-the-art virtual reality laboratory. Participation is completely voluntary and is scheduled at your convenience. **Participants will be compensated at a rate of \$10/hour for their time.**

WHERE: Toronto Rehabilitation Institute, 550 University Avenue, Toronto, ON, M5G 2A2

WHAT: Two sessions lasting 2 hours each.

CONTACT: Sophie at mivelab@outlook.com or call 416-597-3422 x 7879 for more information.



President's Corner



It has been the practice of the *SAA News* to introduce on its pages, new committee members and staff relatively shortly after they've come onboard. We—well, actually I—have been somewhat negligent so there's a bit of catching up to do. See Who's New at the SAA below and on the last page.

Ihor Prociuk, President, SAA
ihor.prociuk@utoronto.ca
 416 535-1478

Who's New at the SAA

Ruth Cameron

Assistant Treasurer, Executive Committee



Ruth Cameron grew up in rural Saskatchewan and Winnipeg, then moved east to Montreal, finally settling in Toronto.

She raised a son and daughter, and the family now includes two grandchildren who are beginning their working careers.

She began her working life as a school teacher, while completing a Masters degree in history at Concordia University. She then went to law school at University of Toronto.

Her law practice had primary been in the areas of immigration and motor vehicle claims, and she now has a solo practice in the health area.

She currently enjoys volunteer work, loves to spend time with her family and travels when she can.

Joann Rossiter

Co-Chair, Senior Alumni Volunteers Committee



I was born in Toronto and went to University of Toronto, St. Michael's College. I was a language specialist and then I did a MRes (Master of Research) at Toronto School of Theology. I became a teacher of languages, theology and special education. I have a wonderful family and I travel often especially now that I've retired. I also do volunteer work in Mississauga. I love to garden, sing and dance and I love animals. I live every day to the

fullest. I really enjoy meeting alumni and I mentor students who are currently at U of T.

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University Women's Club



Established 1903

The University Women's Club has a long history with the University of Toronto. The Club offers members a wide range of activities, such as bridge, book clubs, speakers, French conversation and outings to the theatre and the TSO. Our primary purpose is to raise money for scholarships for young women pursuing a post secondary education. As well, we have a charitable giving committee and we have provided financial support for Romero House, Indspire and Sistering.

We meet at the U of T Faculty Club at 41 Willcocks Street.

Our website is www.uwctoronto.ca

Further information about our Club can be found on our website and in our monthly newsletter which can be downloaded from the website.

We would welcome interested U of T alumni to join us by contacting our President and Membership Director Susan Freeman at 416-979-2000 or info@uwctoronto.ca.

Twelfth Night

A Magical Twelfth Night

On October 19, a group of SAA members joined a Mary Morton tour to Stratford to see Twelfth Night. It was a beautiful, mild, sunny day and we

were early enough that we were able to take the scenic route. We lunched at Borealis in Kitchener, where the food was delicious and the service very attentive.

I had been looking forward to this production, as one of my favourite Canadian actors, Brent Carver, was playing Feste, the fool. I seem to have been watching him on stage since he was a teenager, marvelling at his acting and singing talents. He did not disappoint me this time either. Feste is a minor part, and I think that the director, Martha Henry, gave him more stage time. The rest of the cast were excellent. Sir Toby Belch, played by Geraint Wyn Davies, and Sir Andrew Aguecheek, played by Tom Rooney, did their level best to extract money from Olivia, and also made a point of making a fool of Malvolio, Olivia's servant. They were so cruel at this, that I felt very sorry for the poor man. Interestingly, Tom Rooney, this production's Sir Andrew Aguecheek played Malvolio in the previous production of this play! The costumes were lovely, but of no particular period, and the usual simple use of props and furniture did well, although creating the blooming trees was fun to watch. Shakespeare used common devices to forward the plot: separated twins and unrequited love in this case. No one I spoke to after or on the bus coming home had any negative comments.

We'll be deciding soon the productions to attend next year. Watch the next newsletter for information!

Maureen Somerville, Past-president, SAA

"Quotable Quotes"

We may encounter many defeats, but we must not be defeated.

Maya Angelou, author and poet

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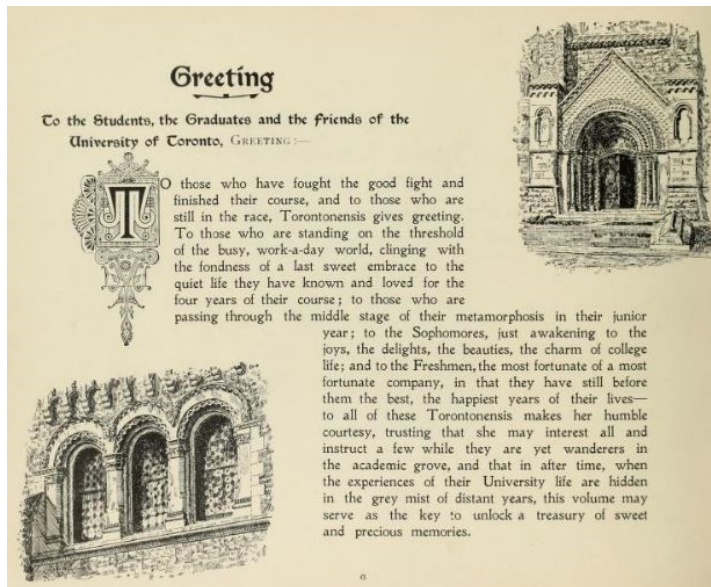
Torontonensis: UofT's Yearbook

Almost all academic institutions, from high schools through to universities have a student yearbook. The University of Toronto is no exception: the yearbook was called *Torontonensis*. Sadly, *Torontonensis* is no longer being published.

U of T was founded in 1827. *Torontonensis* was published from 1898 through 1966 with the exception of 1901. While the Student Administrative Council (SAC) is acknowledged as the publisher, the student group responsible for its production is a little vague. According to Wikipedia, SAC evolved from the University of Toronto Union, which was founded in 1901. This was replaced by the Students' Parliament in 1907 which was then replaced in 1913 by the Students' Administrative Council. In the 1914 edition (and going forward), SAC is listed as the publisher.

Compiling a yearbook is no small feat. There is a lot of material that has to be gathered. In the first edition, each of the graduating students has a paragraph about themselves of about 150-250 words (probably written by themselves)! Junior, sophomore, senior, and freshmen classes only had their names listed. There were lists of faculty and various governing bodies, articles and photos about clubs, societies, sororities, fraternities, sports teams, and major social events. There was even a section on humour, poetry, and short prose. Add to that the "in-between" material—drawing, location photos, graphic art, etc.—the yearbook was a mammoth undertaking! Sadly, *Torontonensis* is no longer published.

The first edition had 282 pages! All the contents had to be typed and sent to the typesetters for page layout. Proof copies were returned for review and corrections before final printing and binding. All of this was not cheap which is why there were 52 pages of advertising to help offset the costs. Additional revenue came from the sale of the yearbooks to the students and probably parents.



From the first *Torontonensis* (1898) *To those of you who have fought the good fight and finished your courses, and to those who are still in the race.*

Torontonensis on the Web

With funding from U of T Libraries and Microsoft, all of the editions of *Torontonensis* have been scanned and loaded onto the Internet Archive at: <https://archive.org/details/torontonensis>. The yearbooks are in PDF format and are fully searchable so it's easy to look for classmates, friends, or even parents and relatives. You can even download a copy (in ePub, Plain Text, or Kindle formats) to view offline.

Ihor Prociuk, editor, SAA News

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Danuta Smith

Secretary, Executive Committee



Danuta Smith is the Secretary of the Senior Alumni Association. Her connection with the University of Toronto began with her acceptance into a graduate classics program after completing a degree at Carleton University and a Masters from Cambridge, England. She left the classics program to complete a law degree at the Faculty of Law, U of T. She maintains a strong interest in classics and tax law, and now works as an instructor and senior tax professional at H&R Block. The

focus of her life has been her three bright and talented children, one of whom also went to U of T and obtained a degree in Engineering Sciences and a Masters of Computer Engineering. Danuta's hobbies include knitting, weaving, and dealing Blackjack at the CNE Charity Casino.

Olga Klenova

Administrative Assistant, SAA



Olga is currently completing her undergraduate studies at U of T in Linguistics and English. She has worked in the Division of University Advancement since September 2017 and is Coordinator, Alumni Volunteer and Engagement Programs, supporting the University of Toronto Alumni Association Board of Directors, the SAA, and the Awards of Excellence annual awards program. Prior to that, she worked with the Stewardship team in the Faculty of Arts and Science.

Olga is excited to continue to support the Senior Alumni Association executive and loves to meet SAA members at events. She encourages everyone to attend the excellent Canadian Perspectives Lecture Series. Her office hours are Monday to Friday, 9:00am–5:00pm. She can be reached at (416) 978-0544 or senior.alumni@utoronto.ca.

Volunteers Needed for Robarts Book Room



The Robarts Library regularly gets donations of all sorts of books. Some of them are added to the Library's holdings but those that aren't (often because the Library already has copies) are sold—at really great prices—in the Robarts Library Book Room.

Volunteers are needed for the Book Room to sell these books. Proceeds go to the Robarts Library. The only physical requirement is that you must be able to wheel book carts. Sale hours are every Tuesday and Thursday from 9:30am to 3:30pm. The Book Room is closed over the Christmas period and during June, July, and August. Please call Sylvia or Ross Petras 416 944-8334.