

# SENIOR ALUMNI NEWS

Vol. 23, No. 3 April / May 2017



# Annual General Meeting and Volunteer Recognition Day

Monday, May 1st, 2017 Room 140, main floor, east wing University College, University of Toronto

1:00pm Registration

1:30pm Business Meeting

2:00pm Guest Speaker: The Rt. Rev. Mark MacDonald, Canada's first National

Indigenous Bishop in the Anglican Church

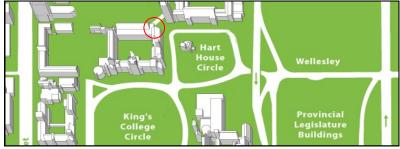
2:45pm Presentation of Volunteer Recognition Pins

3:00pm Reception: Room 240, east wing, University College



## AGM Speaker: The Rt. Rev. Mark MacDonald

We are delighted that Bishop MacDonald has accepted our invitation to speak at the AGM. He is the Anglican Church of Canada's first National Indigenous Bishop. This means he is pastor to a group of people irrespective of where they live, rather than to residents of a geographical Diocese. His previous position was Bishop of the U.S. Episcopal Diocese of Alaska. He is presently the North American President of the World Council of Churches. His ministry has taken him all over North America, his education on both sides of the 49th parallel. He has published many works which deal with aboriginal issues.



Please note the location of the AGM. It is in the **NORTH EAST** corner of University College (see the circle on the above map).

Please RVSP to senior.alumni@utoronto.ca or 416 978-0544 before April 24, 2017.

Maureen Somerville past president, SAA



## Senior Alumni Volunteer Opportunities

One of our objectives is to provide opportunities for senior alumni to serve the University. We hope you will try one of these opportunities.

## **University Health Network Research Volunteer Pool**



Toronto General Toronto Western Princess Margaret Toronto Rehab

More than half of us will be touched by disability, either personally or through someone in our family. You can help by joining the **Research Volunteer Pool** and participating in research at the Toronto Rehab-UHN. Our discoveries are helping speed up the return to home, work or school; allow people to live independently longer, significantly improve use of impaired limbs with new treatments and technologies, ensure that healthcare is delivered in the best way possible, and, prevent injury and illness.

If you enrol, a research staff member will contact you to get relevant information which is stored confidentially. When a specific study matches your profile, researchers will contact you. You can choose whether or not you want to participate. You will remain in the pool for other researchers to contact you again in the future.

There is a need right now for persons who have early dementia / early Alzheimer's / stroke / osteoarthritis but are otherwise

We are also trying out assistive technologies but there is no experimental drug administration involved.

- · main website: http://www.torontorehabresearch.ca/
- research progress and videos: http://www.torontorehabresearch.ca/index.php/innovationimpact/research-videos

Remember, enrolment is completely voluntary. All UHN research studies have been reviewed to ensure they meet the highest scientific and ethical standards. Contact:

Maria Theresa N. Del Mundo TRI - Patient Research Liaison 416-597-3422 ext 7840 tess.delmundo@uhn.ca

# Participants needed for Real-World **Multitasking Challenges Study**





Toronto Rehabilitation Institute, University Health Network is looking for older adults (60+ years) who feel that their memory or thinking is becoming worse, as well as individuals diag-**WITHN** Toronto nosed with mild cognitive impairment or mild dementia. Participation will involve measures of

hearing, vision, balance, and cognition, and the experiment will take place in a state-of-the-art virtual reality laboratory. Participation is completely voluntary and is scheduled at your convenience. Participants will be compensated at a rate of \$10/hour for

WHERE: Toronto Rehabilitation Institute. 550 University Avenue, Toronto, ON, M5G 2A2

WHAT: Two sessions lasting 2 hours & 2.5 hours

For more information about the study, please contact Sophie at mivelab@outlook.com or call 416-597-3422 x 7879.



U of T's 2017 Spring Reunion annual alumni weekend will be held May 31 – June 4. This year we're celebrating graduating classes with years ending in 2 or 7 but all U of T grads are welcome. From exhibits and lectures to burgers and class dinners, you'll find an eclectic mix of fun and illuminating ways to spend your Spring Reunion weekend. Register early as many events fill up quickly. More details at: http://springreunion.utoronto.ca

# A Walk in the (Queen's) Park

Please join Maureen (our past-president) on May 4 at 10:30am for a roam around Queen's Park to examine the various monuments that are dotted around the circle: from Prime Ministers to Queen Victoria, to a poet, to war remem-

Meet at the statue of Sir John A. MacDonald, which stands staring down University Avenue at the very south end, at 10:30 am, rain or shine. The Queen's Park subway station is the closest but you can also take the College streetcar and exit at University Avenue.

There are occasional places to sit, but this, as usual, will be a walking/standing experience! Length will be about an hour.



### ... More Volunteer Opportunities

## Community representative on U of T animal care committees

The University of Toronto upholds the highest ethical standards for animal research. All research must undergo rigorous review by animal care committees, which are made up of members of both the University community and the community at large.

The University is currently seeking volunteers for the position of community representative on several animal care committees across the three campuses. Interested candidates should have no current formal affiliation with the University, good communication skills, compassion for living beings and a commitment to contribute to the advancement of research at U of T.

We encourage interested alumni to consider serving as volunteer community representatives. Meetings are usually 2-3 hours long and are held monthly during regular business hours. For more information, please contact:

Mr. Rhain Louis

Animal Care and Use Program Manager 416-946-0836 or rhain.louis@utoronto.ca

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# **President's Corner**



I'm going to keep this short because I want to leave space in this newsletter to recognize the exceptional contribution of our volunteers. A summary of their activities appears on this page. We are a volunteer organization and as such, both the SAA and the University are always grateful that our volunteers choose to volunteer with us!

Last year we celebrated 40 years of volunteer service. Join us at our AGM on May 1 (see front page) as we begin our next 40 years!

Ihor Prociuk, president, SAA ihor.prociuk@utoronto.ca

# SAA recognizes its volunteers!

The SAA is a volunteer organization and as such, we annually recognize our volunteers for their years of dedication and service at our AGM. Below is a list of this year's recipients:

#### One Year Pin

Clive Davis – Is a member of the Animal Care committee. Anna Kennedy – Is a member of the Executive (Treasurer) and took part in the Nursing exams.

**Joann Rossiter** – Is a member of the Animal Care committee. **Danuta Smith** – Is a member of the Executive (Secretary) and took part in the Nursing exams.

**Brian Yawney** – Is a member of the Canadian Perspectives Lecture Series committee.

#### **♦** Five Year Pin

**Gina Clark** – Took part in Nursing exams, Spring Reunion, Engineering mailings, and special events.

**Linda Fischer** – Took part in Nursing exams, and was a member of the Executive Committee (Assistant Treasurer).

**Luisa Giacometti** – Led conversational English groups for international professors and graduate students at the Centre for International Experience. Took part in Nursing exams.

John Lang – Helped with Robarts tours, Spring Reunion, and with special events. Was a member of the Executive Committee (Secretary).

**Dianne Mathieu** – Helped with Engineering mailings, Spring Reunion, and took part in Nursing exams.

**Ken Nakamura** – Helped with Engineering mailings. **Jean Orpwood** – Was a member of the Executive. Took part in Nursing exams, Engineering mailings, Spring Reunion, and helped with the Canadian Perspectives Lecture Series committee. **Erna Stiller** – Has helped with Spring Reunion and Engineering mailings.

#### ♦ 10 Year Recognition

Geraldine Campbell – Has volunteered in the Soldiers' Tower Memorial Room during events open to the public.

Mary Harris – Has volunteered with the Nursing exams.

**Kathlene Willing** – Has volunteered with Spring Reunion and is a member of the Canadian Perspectives Lecture Series committee.

#### Report on Senior Alumni Volunteer Activity for 2106

Mary Vohryzek and Bev Coburn Co-Chairs of Senior Alumni Volunteers (SAV)

#### **Summary of Volunteer Activity**

During 2016, a total of 47 volunteers collectively worked a total of 1,053 hours, involving 8 projects. The time spent on Executive Committee activities is additional to the above-reported hours. Included are hours spent by SAA volunteers on organizing Canadian Perspectives lectures (300 hours).

**Academic Retiree Centre (now Senior College Centre)** – Members of the SAA helped to staff the reception desk.

Office of the Vice-President, Research & Innovation – Volunteers served on the Animal Care Committee.

**Nursing Exams** – Volunteers played the role of patients and were examined by U of T Nursing students as part of the Health Assessment Skills Test.

**Robarts Tours** – Volunteers provided tours of Robarts Library to new students and high school students. This is a longstanding project.

**Soldiers' Tower Memorial Room** – Volunteers staffed the Memorial Room Museum inside the Soldiers' Tower, handed out programs and provided information to audience members at the carillon recitals.

**Special Events** – Some of the occasional assignments included security at the President's Circle Garden Party and at the Arbor Awards

**Spring Reunion** – Volunteers welcomed guests at 21 King's College Circle. The volunteers who were stationed at the Senior Alumni table at 21 KCC, in addition to promoting the SAA, gave general information to visitors.

#### Other Volunteer Activities Beyond the Senior Alumni Association

Members of the Senior Alumni Association have also applied their skills and experience within other volunteer associations on campus including the college book sales, the Department of Psychology research lab, the alumni associations of colleges and faculties, the Council of Presidents, and the University's Governing Council.

Also, the SAA is contacted by organizations seeking volunteers for research studies. Our criteria stipulate that the sponsoring organization must be connected to University of Toronto. We have advertised their research studies either by way of placing notices in the Senior Alumni News, by including flyers when we mail to our members, or by posting notices on our web site. Volunteers are typically asked to contact the organizations directly.

In 2016, we distributed notices on behalf of the following offices and organizations:

- Movement Disorder Unit at Toronto Western Hospital, looking for healthy volunteers for brain imaging research, to help in understanding Parkinson's disease.
- University Health Network looking for volunteers at its hospitals.
- University Health Network Research Volunteer Pool at Toronto Rehab needs volunteers for the data base for research studies.
- St. Michael's Hospital and U of T are seeking healthy participants for driving simulator studies aimed at understanding how brain disorders affect driving ability.

#### THE SENIOR ALUMNI ASSOCIATION

University Advancement 21 King's College Circle University of Toronto Toronto, ON M5S 3J3 Phone: (416) 978-0544

Email: senior.alumni@utoronto.ca

Webpage: alumni.utoronto.ca/senior

This newsletter is published quarterly [ 300 copies ]

Senior Alumni Newsletter Staff

Editor: Ihor Prociuk Assistant Editor: Maureen Somerville

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# HMS Pinafore



#### **Avon Theatre**

The Senior Alumni Association's spring theatre trip to Stratford this year is on Wednesday, May 17th, to see Gilbert and Sullivan's *HMS Pinafore* at the Avon Theatre.

In this production, Gilbert and Sullivan maintain their common theme which satirizes British society and class system; in particular, the rise of unqualified individuals to positions of authority and the English obsession with social status. *HMS Pinafore* embraces this theme – a gentle satire of love between members of different social classes. It also pokes some good natured fun and whimsy at the Queen's Royal Navy.

The plot opens with the hustle and bustle of readiness for the expected arrival of Sir Joseph Foster, KCB, Britain's First Lord of the Admiralty, and his entourage of family members. The foremast hand, Ralph Rackshaw, a handsome young sailor is in love with Josephine, the daughter of Captain Cocoran, Master of the Pinafore. However, Josephine's hand is also sought by Sir Joseph, who in turn is admired by his jealous cousin, Hebe.

Alone on deck, Ralph and Josephine declare their love to each other and make plans to elope, with the help of the crew and Sir Joseph's entourage. Later, also while alone on deck strumming his guitar, the Captain is approached by Little Buttercup (a 'bumboat' woman who had come on board to sell "snuff, tobaccy and excellent jackey" to the crew) who reveals her affection for him, which he gently rejects due to his rank and her lowly position. She then insinuates that she has a secret which, when revealed, will harbour a change for him.

And there the stage is set! Will the young lovers succeed in the quest to elope? Or will Sir Joseph have his way? Will Little Buttercup reveal her secret? And what portent will it reveal? As always, with Gilbert and Sullivan, a sudden surprise twist changes everything dramatically near the end of the tale.

HMS Pinafore boasts the stock operetta libretto types: the heroic protagonist (tenor), his love interest (soprano), the older woman with a sharp tongue or a secret (contralto), the heroine's baffled father (lyric baritone) and a classic villain (bass-baritone). To these stock types, Gilbert and Sullivan added a comic patter singing character (Sir Joseph Porter). This was so popular and successful, they kept this comic patter singing role in their following works

Please do come aboard the Mary Morton coach and join the SAA as we stop for lunch in New Hamburg at Puddicombe's Restaurant on our way to see the matinee of *HMS Pinafore* at the Avon Theatre on May 17th.

# "Quotable Quotes"

We do not need magic to change the world. We carry all the power we need inside ourselves already: We have the power to imagine better.

- J.K. Rowling, writer

I have accepted fear as a part of life, specifically the fear of change, the fear of the unknown. I have gone ahead despite the pounding in the heart that says: Turn back.

- Erica Jong, writer

A small body of determined spirits fired by an unquenchable faith in their mission can alter the course of history.

Mahatma Gandhi, social reformer and independence movement leader



## **HMS Pinafore**

#### Cost: \$171.00 per person (taxes included)

The cost includes taxes and gratuities. You will receive a receipt. Make your cheque payable to **Mary Morton Tours.** Complete the form below and mail *directly* to:

Mary Morton Tours 11316 Petty Street Ailsa Craig, Ontario N0M 1A0 416 488-2674

#### Deadline: Friday, April 7, 2017 [NOTE date change]

The completed order form must be received at Mary Morton Tours by the deadline date. You can call Mary Morton (416 488-2674) to reserve a spot prior to sending in your cheque.

#### Date of Trip: Wednesday, May 17, 2017

Be at 50 Carlton St. (Loblaws entrance of the old Maple Leaf Gardens), east of Yonge St.) by 9:15 a.m. for a 9:30 a.m. departure.

If you wish to be picked up at the Islington Subway Station, please be there by 9:45 a.m. for a 10:00 a.m. departure. The bus pick up is on the east side of Islington Ave., by the phone booth.

#### Trip Details:

Lunch will be at Puddicombe House, New Hamburg. Salad, dessert, and coffee or tea are included. Please include any dietary restrictions. Wine, etc., are available, but is not included in the cost. We will arrive at Stratford in time for the 2:00 p.m. matinee of the play.

#### Return:

We will arrive back in Toronto on Carlton at approximately 7:30 p.m.

University of Toronto Senior Alumni Association  HMS Pinafore — Wednesday, May 17, 2017	
Full Name:	
Address:	
City, Province:	
Postal Code:	
Email:	
Home Phone:	
Cell Phone:	
COST:	\$171.00 per person (taxes included)
PAYMENT:	Make cheque payable to Mary Morton Tours
BUS PICKUP:	☐ Carlton St. ☐ Islington Ave.
LUNCH:	☐ Pork ☐ Baked Atlantic salmon
 	Indicate any dietary restrictions below.
REMEMBER: This completed form must be received at Mary Morton Tours by Friday, April 7, 2017.	

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