



Fogo Island & St. John's

"FAR AWAY FROM FAR AWAY"

September 27 – October 3, 2019

Encounter the spectacular scenery, the daring architecture, and the traditions of the Newfoundland way of life. Start in St. John's, an exciting contrast of old and new. A local historian will introduce this character-filled city, one of the oldest in North America, a curator will show us through The Rooms, a fascinating cultural hub with art gallery, museum, and archives, and a Memorial University scholar will share his thoughts on the province's future. We'll also enjoy a "scoff and a scuff" – a meal followed by dancing and traditional music.

A drive through scenic Terra Nova National Park and 'Come from Away' Gander, takes us to Farewell Harbour where we board the ferry to Fogo Island. Then enjoy four nights at the multi-award-winning Fogo Island Inn, a traditional yet contemporary masterpiece of modern architecture and design. You may never want to leave your room with its dramatic floor-to-ceiling windows that open onto the wildest and most powerful ocean on the planet. Venture out and you'll be treated to a range of daily activities as varied as the weather. Join a community host for an insider's look at the island's natural and cultural heritage; watch for caribou and whales as you walk the rugged coastline on a choice of 200 kilometres of walking trails and paths; meet one of the resident artists who are invited to create works in specially designed studios; tour nearby Tilting to see heritage buildings associated with the family-based in-shore fishery. And all the while enjoy fabulous meals featuring locally sourced produce, fish, and game, listen to the lilt of local music, and gaze at a million stars from the rooftop.

We are travelling during "Berry Season", a favourite season among many local people on Fogo Island. Brilliant sunrises and sunsets fill the skies, the wind is predominantly in the west, and the Island finds itself completely carpeted in dozens of varieties of edible berries. Slightly cooler temperatures make berry season the perfect time to get outside and amble through the barrens and footpaths scooping up handfuls of blueberries, raspberries, marshberries, or partridgeberries. Meet and chat with local people on the hills as they too will be out collecting the season's bounty.



Why travel to Fogo with us?



- 🌀 Tour The Rooms with the curator
- 🌀 Enjoy ocean-to-plate cuisine
- 🌀 Meet the resident architect at Fogo Island Inn
- 🌀 Explore Fogo Island with community hosts



Here's what past travellers are saying:

“What made this trip so special was all the community hosts and Captain A and Michael, their warmth, humour and hospitality! Thank you for welcoming us to your home.”

– Debbie Z., 2016 UofT alumni traveller

“[Fogo Island Inn was] Amazing!!! So many little treats and great service.”

– Mollie P., 2018 UofT alumni traveller

“It was a very special trip. Thanks for introducing us to Fogo Island, Zita Cobb and all the other wonderful islanders who we met.”

– David T., 2018 UofT alumni traveller

Detailed Itinerary

Friday, Sept. 27: Meet in St. John's

Participants arrive today and meet at our central hotel. Join our local guide for a walking tour of the historic centre of the city; wander down the narrow, criss-crossing streets, pass the colourful row houses lining the steep hills, and meander down to the working harbour on the waterfront. Enjoy fine Newfoundland cuisine this evening at our welcome dinner. Newfoundland's food scene is based around the field-to-fork and ocean-to-plate movement, making St. John's one of the most exciting destinations in Canada for gastronomes.

Overnight: Sheraton Hotel Newfoundland

Meals: Dinner

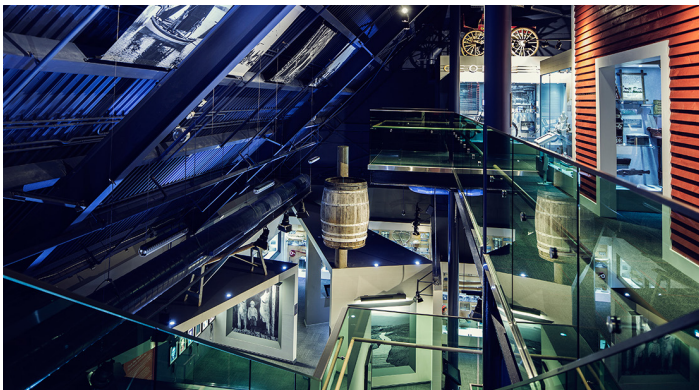


Saturday, Sept. 28: St. John's

This morning Memorial University history professor Sean Cadigan presents on the social and ecological history of Newfoundland and Labrador. Later, visit The Rooms – Newfoundland and Labrador's largest cultural space – which unites the Provincial Museum, the Provincial Art Gallery and the Provincial Archives under one roof and serves a portal to the many stories the province has to tell. Meet the curator for a discussion on how The Rooms was built amid much local controversy. Enjoy grand local entertainment this evening on George Street.

Overnight: Sheraton Hotel Newfoundland

Meals: Breakfast, Dinner



Sunday, Sept. 29: Drive to Farewell, ferry to Fogo

Before setting off from St. John's we'll stop at Cape Spear, the most Easterly point in North America with the North Atlantic all around us. Our five-hour drive takes us north along the Trans Canada Highway through Terra Nova National Park and onward to Farewell. Here we take the ferry to Fogo Island. The Inn's welcoming staff will escort you to your suite where you will find views of one of the wildest and most powerful oceans in the world through your floor-to-ceiling windows. *Breathe out, unwind...*

This evening meet one of the founders of the Shorefast Foundation, a social enterprise that uses business minded ways to achieve social ends. The Foundation's approach to community revitalization focuses on three distinct elements; Fogo Island Arts, the Fogo Island Inn, and the development of a micro-lending program for Fogo Island entrepreneurs. After dinner, enjoy local musical entertainment in the lounge.

Overnight: Fogo Island Inn

Meals: Breakfast, Dinner

Monday, Sep. 30 – Wednesday, Oct. 2: Fogo Island

During our three full days on Fogo, a range of daily activities are available according to your interests and tastes (literally and figuratively), as well as the weather. Community hosts, Inn staff and your Worldwide Quest tour manager are all on hand to ensure that everyone enjoys the experience they prefer.

Inside, Outside, and In-Between...

Unique to Fogo Island Inn, guests are matched with a person from the local community. Community hosts are passionate, lifelong Fogo Islanders who are pleased to offer their insights into the Island's natural and cultural heritage, guiding you through the curiosities and particularities of the Island. Community host-led small group excursions depart after breakfast and lunch each day. Daily meeting times will be provided by our tour manager. Choose from a range of indoor or outdoor options, or feel free to spend your time at leisure. Remember to save some energy for evenings – there's always something exciting happening!

IMPORTANT NOTE:

All activities are weather dependent. We will meet every morning to provide you with a choice of activities. The cost of all activities is included in the tour cost. All meals are included; you may choose to have your lunch at the Inn or at any restaurant on the island.

Daily Activities



Exploring Fogo's land and seascapes

Fogo Island plays host to a wide variety of flora that thrive in our mineral-rich soil. Coniferous plants including juniper and spruce coincide with woods such as maple and birch. Wildflowers are plenty and include orchids, goldenrod, asters, and Newfoundland's provincial flower, the stunning Pitcher Plant. Berries carpet the Island from late summer into the fall. Just a few short minutes of careful picking will easily yield handfuls of blueberries, raspberries, bakeapples, crowberries, or partridgeberries. Along the way, spot wild mushrooms and beautiful lichens: mosses and algae that cooperate to exist together on coastal rocks.

Familiarize yourself with Fogo's rugged coastal topography on some of the 200 kilometres of walking trails and paths. Watch for Caribou in the rocky barrens, or scan the ocean from a cliff top for migratory whales breaking the water's surface. The 14 primary trails range in length from 0.5 to 6.9 kilometres, and there are options for all levels of fitness and experience. Trail maps are available at the Inn.

Community projects

Get an introduction to the Island's active fishing economy by boarding a long-liner and then visiting a working fish plant. Guided by the boat's captain, learn about how fishing techniques have changed, laugh at tall stories, gasp at close calls and see how a modern fishing boat operates. In the fish plant, experience Fogo Island's economic engine and learn more about the fishery.

Todd Saunders' designs for the artist studios (Squish, Long, Tower & Bridge) gave way to a new Newfoundland architecture but also in a way that embraces the traditional character of buildings. The studios have strong clean lines that position them in contemporary design, but within the lines they allow the handmade qualities to breathe as well. You feel this when you get close to them. The use of materials is right at home. The rough finishes feel the same as that of the old sheds and stages on the island. We'll have the chance to meet at least one resident artist to see their work and hear about their path to Fogo Island.

Visit the Winds & Waves Artisan's Guild to hear about the successes of the Shorefast Foundation's microfinance efforts and how they are continuing to contribute to the cultural and economic resilience of the Fogo Island and Change Islands community, and may serve as a model for resisting cultural homogenization.





An intimate look at the inn

Meet with one of the Fogo Island Inn's resident architects, in service to the Inn's head architect, Todd Saunders.

Resident architect Kingman Brewster at the Fogo Island Shop leads an orientation on traditional outpost furniture and how it has given rise to the contemporary pieces at the Inn.

Each evening there is a screening of 'Fogo Process': a National Film Board led initiative of the 1960's that prompted Fogo Islanders to stay on the island during a time that urged the community to do otherwise.

The rooftop sauna is a great place to relax, especially on a clear night when it's easy to get lost in the stars.



Celebrate like an islander

A traditional boil-up at Foley's Shed is a one-of-a-kind event with the locals where you can enjoy live music, learn island folk songs and hear tales of life on the edge of the sea. You might also just find yourself up on your feet dancing with the locals, too!

Thursday, Oct. 3: Depart Gander

A two-and-a-half-hour coach ride takes us from Farewell to Gander Airport for homeward bound flights. **IMPORTANT:** The tour concludes with a single included transfer from Fogo Island to Gander Airport. Please contact us to verify the timing of the transfer before making your flight arrangements.

Meals: Breakfast



Fogo Island Inn

TOUR DETAILS

Tour Cost (per person): C\$5595 + HST 15%

Single Supplement: C\$3000 + HST 15%

If you are travelling on your own and would like to share accommodation, we would be happy to try to match you with a suitable roommate. If we are unable to do so, the single cost applies.

Group Size:

12 – 18 participants

What's Included:

- Accommodations based on double occupancy in hotels listed
- Transfer from St. John's to Fogo Island
- Transfer from Fogo Island to Gander Airport
- Meals as indicated in the itinerary
- All activities at Fogo Island Inn
- Presentation by Sean Cadigan, Memorial University Newfoundland
- Presentation at Fogo Island Inn
- Gratuities

Not Included:

- Roundtrip airfare from your home
- Airport transfer on arrival in St. John's
- Beverages with meals
- Items of a personal nature, i.e. laundry, drinks, phone calls, etc.
- Travel insurance

Payment Details:

A deposit of C\$500 per person is required to reserve your space on this tour. A payment of C\$1000 is due six months prior to departure. The balance is due 90 days prior to departure.

WHAT TO EXPECT

Joining Instructions

This tour begins with our briefing and introductory walking tour at 3PM on September 27. Please note that arrival transfers are not included on this tour. You will make your own arrangements from the airport to the hotel. The tour concludes with a single included transfer from Fogo Island to Gander Airport on October 3rd. Please contact us to verify the timing of the transfer before making your flight arrangements.

Level of Activity: Moderate

A good level of fitness is important for this trip. You must be comfortable walking on uneven terrain and irregular paving for at least two hours at a stretch. While on Fogo Island there will be opportunities for hiking and cycling.

Accommodation

The multi award winning Fogo Island Inn has an international reputation for exceptional, embodied, place-specific hospitality and bold, thoughtful, humanistic contemporary design. The Hotel Newfoundland is St. John's finest hotel with great views of the harbour.

Transportation

We will be travelling in a comfortable chartered vehicle driven by a professional driver. While on Fogo Island, transportation is in small vans.

Weather

We expect a mix of every type of weather at Fogo Island's 'Berry Season' with average daytime temperatures of between 15°C and overnight lows of about 9°C. Raingear is always advised for visits to Newfoundland.

Travel Documents

Canadian participants will require government issued photo ID or a passport (recommended) for this trip. Citizens of countries other than Canada will require a passport.

ADDITIONAL INFO

Terms and Conditions

For additional information about our terms and conditions, please refer to your booking form, the current brochure or our website. All participants booking with Worldwide Quest are covered by the terms of the Ontario Travel Industry Act (Worldwide Quest International, Ontario - License # 2667946).

Cancellation Policy

All payments are non-refundable, however you may transfer your initial deposit for any land tour to another tour 90 days or more prior to your scheduled departure date. Your second payment and your final payment are non-refundable and non-transferable. If you cancel within 90 days prior to trip departure, all associated trip costs are non-refundable. The tour price is quoted as a package. No partial refunds or credits will be given for services not used. In the event of a cancellation, you must notify Worldwide Quest immediately and in writing.

Travel Insurance

We urge you to ensure that you have adequate cancellation and medical insurance in place, should an unexpected event cause you to cancel or interrupt your trip or should the tour not be operable per our terms and conditions. We will offer you Manulife insurance coverage. Medical insurance including emergency medical evacuation coverage is mandatory on all our tours.

TRAVEL ARRANGEMENTS BY:

