

# Norway and Lapland

MAY 8 – 23, 2020



Presented by

**GLP Worldwide for  
University of Toronto  
Alumni and Friends**

*Travel for  
Travellers*  
BY GLP WORLDWIDE



Dear Alumni & Friends,

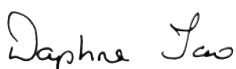
Join us for a voyage filled with spectacular scenery, nature, and cultural experiences. Discover Norway's beautiful fjords, charming ports, rare wildlife and visit places no other cruise ships can access. This adventure includes Lapland - home of the Sami, indigenous people of northern Scandinavia.

Named "The World's Most Beautiful Sea Voyage" by Lonely Planet, we sail almost the entire length of Norway's stunning coastline, crossing into the Arctic Circle. Cruise past majestic mountains and breathtaking fjords, explore remote but welcoming towns, embark on once-in-a-lifetime excursions, and savour "Norway's Coastal Kitchen" prepared from fresh local produce. Onboard expedition leaders enhance your experience by leading activities and interpreting the cultural and natural treasures you see along the way.

Hurtigruten, a world leader in exploration travel, has explored the Norwegian coast since 1893 and is best known for its operation along Norway's western and northern coast between Bergen and Kirkenes. This is the original coastal voyage you won't want to miss.

For more information or to make a reservation, please contact GLP Worldwide at 1-866-760-1987 or [alumni@glpworldwide.com](mailto:alumni@glpworldwide.com).

Sincerely,



Daphne Tao  
Manager, Alumni Travel



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# ITINERARY

## NORWAY AND LAPLAND

MAY 8 – 23, 2020



Trondheim, Norway

### DAY 1 | MAY 8 | TORONTO – OSLO

Overnight flight from Toronto to Oslo.

### DAY 2 | MAY 9 | ARRIVE OSLO (D)

On arrival, transfer to the hotel. The remainder of the day is at leisure.

### DAY 3 | MAY 10 | OSLO (B,L)

Enjoy a morning sightseeing tour by private motorcoach. Highlights include the Royal Palace, Parliament Buildings, Oslo Cathedral, Akershus Fortress and City Hall. Visit the Viking Ship Museum and the Kon-Tiki Museum, both famous for the feats of mankind at the time.

### DAY 4 | MAY 11 | OSLO – BERGEN (B,L,D)

After breakfast, travel by train to the town of Myrdal and board the scenic Flam Railway for a spectacular journey to Flam. There, take an awe-inspiring express boat trip along the Sognefjord, Norway's longest and deepest fjord, into Bergen.



Akershus Fortress, Oslo

### DAY 5 | MAY 12 | BERGEN (B,D)

Enjoy a morning walking tour of Bergen, the second largest city in Norway. Admire the venerable King Haakon's Hall, Rosenkrantz Tower, Bryggen - a row of Hanseatic timbered houses with characteristic pointed gables facing the harbour - and the bustling Fish and Flower Market, City Park, and Grieghall, the concert hall. The rest of the day is at leisure.



Flam Railway

### DAY 6 | MAY 13 | BERGEN | EMBARKATION (B,D)

After a morning at leisure, transfer to the pier to join our expedition ship for an incredible voyage through the Norwegian Fjords. This evening, we sail north along the Hjeltefjord, the same route the Vikings once plied to the Shetland Islands and beyond. Enjoy the evening relaxing and admiring the spectacular landscapes.

### DAY 7 | MAY 14 | A DAY FOR ARCHITECTURAL & NATURAL MASTERPIECES (B,L,D)

*Location: Florø – Molde*

This morning, view Mount Hornelen which stands 860 metres above sea level. Cruise past the West Cape and cross the open sea for the first time on our voyage, before navigating through skerries and islands to reach Ålesund.



Sea Eagle Safari



*Sami people in Lapland*

**DAY 8 | MAY 15 | DISCOVER MEDIEVAL SPIRIT IN THE OLD CAPITAL (B,L,D)**

*Location: Kristiansund – Rørvik*

Cruise into Trondheim and discover its mystical architecture and surroundings including a tour of the Ringve Museum - featuring musical instruments from several era - and the Nidaros Cathedral, Norway's largest cathedral.

**DAY 9 | MAY 16 | WELCOME TO THE ARCTIC REGION! (B,L,D)**

*Location: Brønnøysund - Svolvær*

We cross the Arctic Circle today. See Norway's second largest glacier, Svartisen, and the beautiful Helgeland coast. The sight of the 1,000 metre-high mountain of Lofotveggen on the horizon marks our arrival into Lofoten.

**DAY 10 | MAY 17 | FEELING LIKE A POLAR HERO (B,L,D)**

*Location: Stokmarknes – Skjervøy*

We arrive at Tromsø, the capital of the Arctic. During our sightseeing tour, visit the Arctic Cathedral with its magnificent stained glass window, then ascend a nearby mountain by cable car to enjoy the spectacular view from the top.

**DAY 11 | MAY 18 | AT THE TOP OF THE WORLD – NORTH CAPE (B,L,D)**

*Location: Øksfjord – Berlevåg*

Our excursion in Honningsvåg takes us on a cultural walk through the town. Later, sail to the port of Kjøllefjord before our ship continues past the North Cape – one of the northernmost points on the European continent.

**DAY 12 | MAY 19 | KIRKENES | DISEMBARKATION – IVALO (B,L,D)**

The vistas become more dramatic as we approach Kirkenes to disembark. Transfer to the hotel in Ivalo by motorcoach.

**DAY 13 | MAY 20 | IVALO (B,L)**

This morning, we travel to Siida Sami Museum, in the heart of the village of Inari. The museum focuses on Sami and northern Lapland culture

and nature. Our adventure continues at a reindeer farm where we take part in feeding the reindeers, learn about Sami culture from a local guide, and have time to take photos with the reindeer.

**DAY 14 | MAY 21 | IVALO - HELSINKI (B,D)**

After breakfast, transfer to the airport for our flight to Helsinki.

**DAY 15 | MAY 22 | HELSINKI (B,L,D)**

During a morning tour of the Finnish capital, admire major sites including the Rock Church, Senate Square surrounded by the Lutheran Cathedral of Helsinki, the Senate, the University and Library of Helsinki, the Sibelius monument, Olympic stadium, and the new Opera House. The afternoon is at leisure.

**DAY 16 | MAY 23 | HELSINKI – TORONTO (B)**

Transfer to the airport for the return flight home.



*Helsinki, Finland*



# SHIP INFORMATION



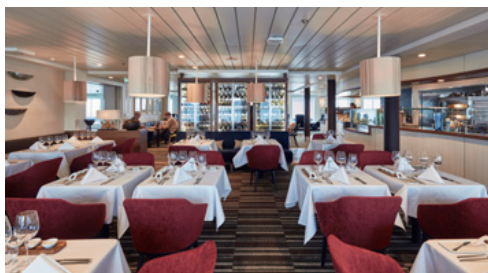
## MS NORDKAPP

Named after the northernmost point on mainland Europe: North Cape (71°N).

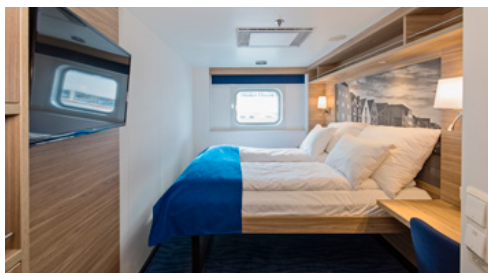
- Year built: 1996
- Refurbished: 2016
- Passenger capacity: 590
- Cabins: 215
- Length: 404 ft. (123 m)
- Gross tonnage: 11,386



*Explorer Lounge & Panorama bar*



*Kysten Arctic Fine Dining Restaurant*



*Arctic Superior Cabin*

## INCLUSIONS

- Economy class air ticket from Toronto to Oslo and return from Helsinki to Toronto
- Domestic flight within Finland
- Air carrier imposed fees and surcharges
- Two nights hotel in Oslo
- Two nights hotel in Bergen
- Two nights hotel in Ivalo
- Two nights hotel in Helsinki
- Transfers, tours and meals as indicated in the itinerary
- Full board and complimentary tea and coffee on board the MS Nordkapp
- Gratuities for included guides, drivers and meals

## LECTURE ON BOARD

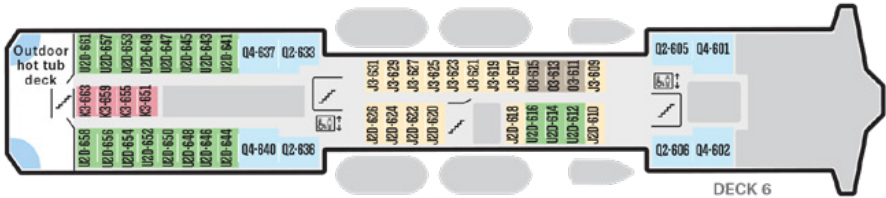
- History: Polar history, Pomor-trade, fisheries, Vikings, etc.
- Geology: Fjords, landscape and glaciers
- Natural phenomena: Aurora Borealis, climate, etc.
- Culture: Sami culture, cultural history, myths and legends, literature
- Norway Today: Industry, settlements, "friluftsliv" traditions, flora & fauna, etc.
- Various other topics based on each expedition member's specialty



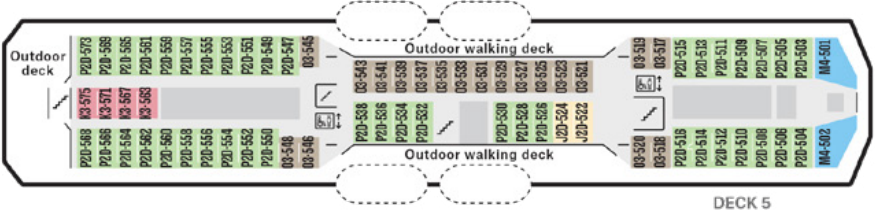
DECKPLAN



DECK 7



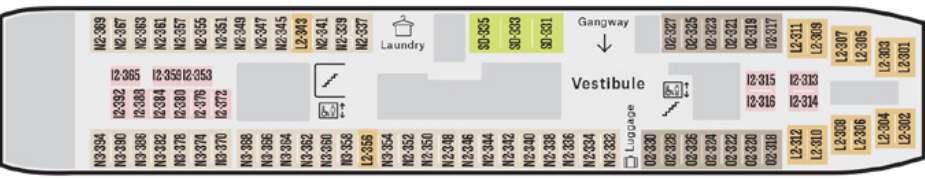
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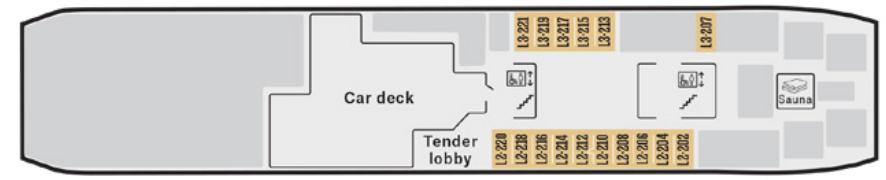
DECK 5



DECK 4



DECK 3



DECK 2

EXPEDITION SUITES

- M Suite
- Q Mini suite

ARCTIC SUPERIOR

- P Outside cabin
- U Outside cabin

POLAR OUTSIDE

- O Outside cabin
- N Outside cabin
- SD Outside cabin
- L Outside cabin
- J Outside cabin

POLAR INSIDE

- K Inside cabin
- I Inside cabin

# PRICING & TERMS

CABIN CATEGORY	DOUBLE OCCUPANCY	SINGLE OCCUPANCY
Category I	CAD 9,830 per person	CAD 12,350 per person
Category L	CAD 10,150 per person	CAD 12,910 per person
Category N	CAD 10,400 per person	CAD 13,340 per person
Category O	CAD 10,560 per person	CAD 13,620 per person
Category P*	CAD 10,620 per person	CAD 13,720 per person
Category U*	CAD 11,050 per person	CAD 14,480 per person

*\* These cabins have double beds instead of two separate beds. This bed cannot be separated.  
All single cabins are by request only and cannot be confirmed without passenger names.  
All name changes are on a request basis. If allowed, there will be a charge of CAD 110 per person for name changes (excluding name changes due to marital status). Hurtigruten reserves the right to treat a name change request as a cancellation and a new booking. In this case, the cancellation charges will apply.*

## DEPOSITS AND PAYMENTS

DEPOSIT: CAD 720 per guest for double occupancy at the time of booking  
CAD 1,280 per guest for single occupancy at the time of booking

FINAL PAYMENT: Due on January 9, 2020

*Passenger names received by GLP/Hurtigruten are considered sold and subject to cancellation charge outlined below, regardless if payment has been received.*

- Note:*
- 1. Passenger names must match passport.*
  - 2. Please ensure that passports are valid up till after six (6) months at last destination.*

## CANCELLATION CHARGES ON CRUISE & LAND

From time of booking to 121 days prior to departure:	CAD 500 per person
120-90 days prior to departure:	25% of total price
89-60 days prior to departure:	35% of total price
59-28 days prior to departure:	65% of total price
27-15 days prior to departure:	95% of total price
Within 14 days of departure:	100% of total price

*Refunds will not be applied for passengers who fail to participate in the journey or do not complete the journey. Cancellation charges will apply regardless of Hurtigruten's ability to rebook the cancelled cabin. Partial cancellation will result in the application of the above penalties to the persons who have cancelled and the remaining passengers being charged the applicable prices for the revised number of passengers in the cabin. AIR CANCELLATION PENALTIES ARE SUBJECT TO AIRLINE REGULATIONS.*

*We strongly recommend the purchase of trip cancellation or comprehensive travel insurance at the time of booking. Please contact GLP Worldwide for a quotation.*

*Prices above are in Canadian Dollars. The cruise and all related travel services described herein are subject to the detailed terms & conditions of GLP Worldwide which are available at any time upon request and which will be provided with your booking confirmation.*

*The University of Toronto, its officers and employees, do not assume any responsibility for the financing, arranging or conducting of the tour. They shall not be liable for any damages or financial loss to person or property of any description that might occur in connection with the tour, howsoever arising from the negligence, omission or otherwise of travel services arranged through GLP Worldwide.*



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*Travel for  
Travellers*  
BY GLP WORLDWIDE

**CONTACT GLP WORLDWIDE AT**

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[travelfortravellers.com](http://travelfortravellers.com)